Coordinated Health Advisory Leadership Team Meeting School Health Advisory Council (SHAC)



WELCOME/BIENVENIDOS!!

Fidela E. Hinojosa, B.A., M.Ed., LMSW, CSRM, RTSBA, CTP-E Coordinator for School Safety, School Health, Mental Health & Texas DPS–School Bus Driver Training Services
Division of Administrative Leadership, School, & Community Support Region One Education Service Center
1900 W. Schunior - Edinburg, Texas 78541
956-984-6283 (phone)

fhinojosa@esc1.net

www.esc1.net





Region One ESC – Division of School Division of Administrative Leadership, School, & Community Support Goal:

Provide on-site, individualized district and/or campus support to reach the individualized needs of campuses, alternative education placements and specialized settings to best address the individualized needs of the children.

School Health Advisory Committee (SHAC) In Action: Focusing on Social and Emotional Wellbeing

YOUR SAFETY FIRST!!!!

- LOOK AROUND WHERE ARE THE FOLLOWING ITEMS:
 - 1 EXIT SIGNS
 - **2 FIRE EVACUATION ROUTE**
 - **3 SHELTER IN PLACE**



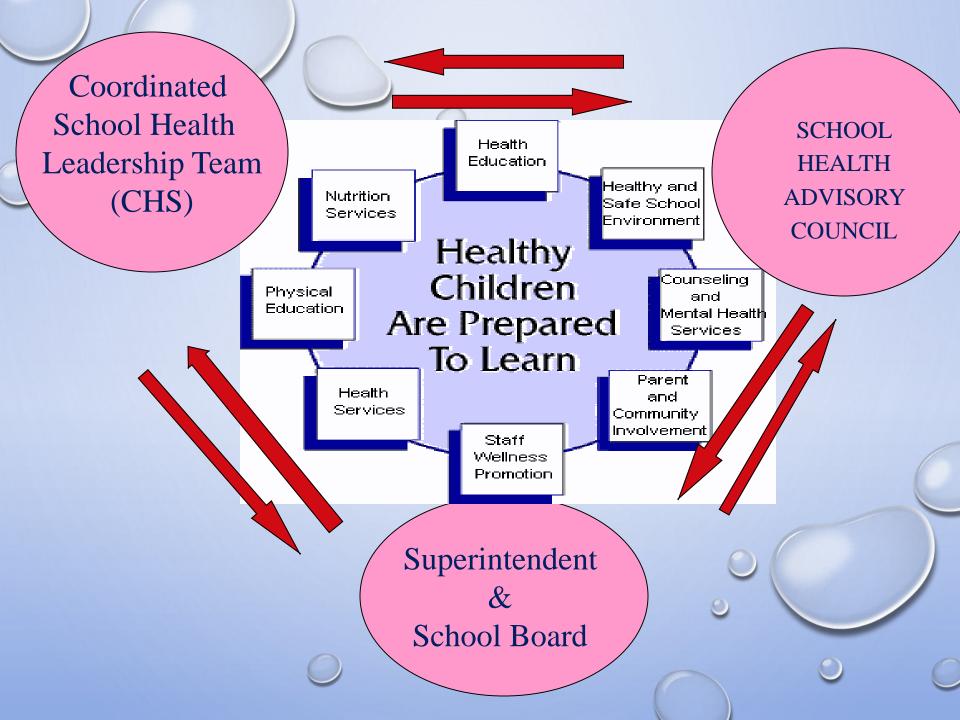
- 4 AED/FIRST AID KIT/FIRE EXTINGUISHER
- IF YOU FEEL ILL (NAUSEA, LIGHT HEADED, ETC.) PLEASE LET US KNOW FOR APPROPRIATE MEDICAL ATTENTION/ASSISTANCE.
- IF YOU NEED ANY SPECIAL ACCOMMODATION PLEASE DO NOT HESITATE TO LET ME KNOW.



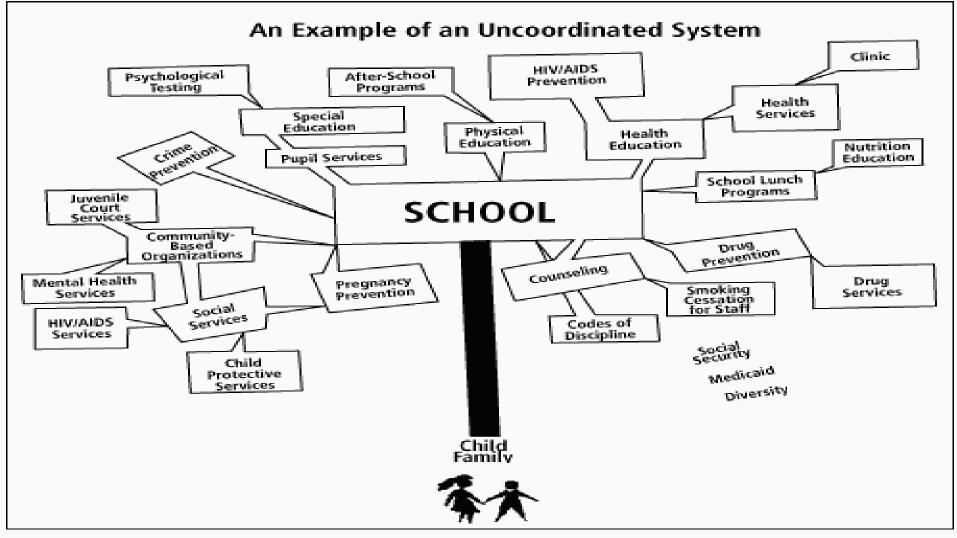
GOALS AND OBJECTIVES

- GOAL: Provide Information And Resources To Assist In Development Or Support For Shac/Csh In Each District.
 - <u>Objectives</u>
 - Help Fully Understand The Value Of SHAC/CSH
 - Give Understanding Of Laws
 - Provide You With Practical Information, Resources And Strategies To Utilize In Program Planning And Implementation
 - Provide Best Practices In:
 - Assessment
 - Recruitment of a SHAC/CSH Leadership Team
 - Organization and Planning Based on SHAC/CSH Recommendations
 - Effective Implementation And Evaluation





WHY COORDINATE?



EDC in partnership with APA, ASCA, NASN, NASP, and NASW

YOUTH RISK BEHAVIORS

- Tobacco Use
- Poor Food Choices and Inappropriate Portion Sizes
- Inadequate Physical Activity
- Alcohol and Drug Use Opioid Epidemic
- Sexual Behaviors that can Transmit HIV and Other STD's
- Unintended Pregnancy
- Intentional and Unintentional Injuries, often due to domestic violence

COUNSELING AND PSYCHOLOGICAL SERVICES

- Services provided to improve students mental, emotional and social health.
- May include individual and group activities that assess, intervene and refer to appropriate services.
- Services are provided by qualified, trained mental health professionals

HEALTHY SCHOOL ENVIRONMENT

- The physical and aesthetic surroundings and the psychosocial climate and culture of the school.
- The psychological environment that includes the emotional and social conditions that affect the well-being of students and staff.

CSHAND THE SHAC IN TEXAS

- Mandated By Law
- Focus On the Whole Child
- Involve Coordination and Collaboration
- Enhance the School Health Efforts
- Increases Communication Between The School And Community

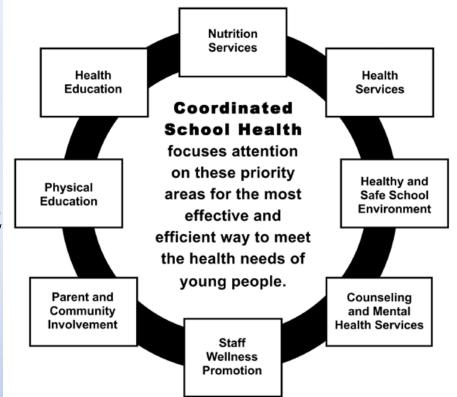
PROMOTING HEALTHY BEHAVIORS



- Refusal Skills
- Decision Making
- Goal Setting
- Communication
- Healthy Relationship Building
- Interest In Alternative Health Promotion Activities

WHAT IS COORDINATED SCHOOL HEALTH?

- STRATEGY/PROCESS
- FRAMEWORK
- COMPREHENSIVE PLANNING
- IMPLEMENTATION
- SUSTAINABLE INFRASTRUCTURE
- MULTIDISCIPLINARY
- DATA DRIVEN
- RESEARCH BASED
- ACCOUNTABLE



COORDINATED SCHOOL HEALTH IS...

- A <u>Strategy</u> To Improve Health & Academic Achievement
- A <u>Process</u> To Integrate Planned, Sequential & School-affiliated Strategies, Activities & Services Designed To Promote The Optimal Physical, Emotional & Educational Development Of Students.
- A <u>Framework</u> For Managing New & Existing Health-related Programs & Service In Schools Inclusive Of Parents And Community
- CSH Begins With A <u>Comprehensive Planning</u> Process & Continues To The <u>Implementation</u> Of A <u>Sustainable Infrastructure</u>
- CSH Is Multidisciplinary & Accountable To The Community

School Continuum of Services

EXISTING SCHOOL PROGRAMS

- District-campus Improvement Committee (DIP/CIP)
- School Improvement Team (SIT)
- Coordinated School Health Program (CSHP)
- School Health Advisory Councils (SHAC)
- Positive Behavior Interventions And Supports
- Response To Intervention (Rti)
- Student Assistant Program (SAP)/Intervention Teams
- Prevention Programming/Character Education

PURPOSE OF DATA

Assessment

- Needs Assessment
- •Objective Data
- •Records
- •Surveys
- •Data Collection
- •Establish baseline



Analysis of Data

- Prevalence
- Risk & Protective Factors
- Buffers
- Assets
- Community Variables
- Scientifically Based

Research

Performance Measures

- Measurable Goals &
- Objectives
 - Quantitative Based on Need
 - Results/Outcomes
 - Documentation

Implement/Target Scientifically Based Research

- Effective Programs
- Strategies
- Activities
- Processes
- Implementations

Evaluation

- Progress towards meeting goals for grant
- Links between academics, behavior & school climate
- Comparison data by campus, district, state
- Refine, improve, strengthen
- Results available to public for review

Consultation

- Community
- Parents

• Students

- Educators
- Agencies



WHAT CONTRIBUTES TO STUDENTS DROPPING OUT?

- Substance Abuse
- Pregnancy And Parenting
- Psychological And Emotional Problems
- Frequent Suspensions
- Poor Reading and/or Math Skills
- Lack Of Engagement Due To Poor Instruction, Unwelcoming Environment

WHY COORDINATED SCHOOL HEALTH?

Six Categories Of Risk Behaviors:

- ✓ Intentional & Unintentional Injuries, Often Due To Violence
- ✓ Alcohol & Drug Use Tobacco Use
- Sexual Behaviors HIV And Other Std's
- ✓ Unintended Pregnancy
- Poor Food Choices And Inappropriate Portion Sizes
- ✓ Inadequate Physical Activity

Centers For Disease Control

Students Cannot Be Successful If They Are:

- Hungry
- Tired
- Using Alcohol/Drugs
- Worried About Violence/Bullying
- Depressed
- Stressed
- Sick
- Abused

COORDINATED SCHOOL HEALTH PROGRAMS IN ACTION!

- ✓ Increase Academic Achievement
- ✓ Decrease In Suspensions & Detentions
- ✓ Reduction In Expulsions From School
- ✓ Reduction In Absenteeism
- ✓ Reduction In Drop-out Rates
- ✓ Reduction In # Of Students Assigned To Special Ed
- ✓ Decrease In Teen Pregnancy Rates
- ✓ Decrease In Juvenile Crime Arrests Out Of School *◎*
- ✓ Increase In Graduation Rates

Board Of Trustees Shall...

- (A) Establish A Local SHAC
- (B) District Must Consider Recommendations Of The SHAC
 Before Changing The District's Health Education
 Curriculum Or Instruction
- (C) The Board Of Trustees Shall Determine The SpecificContent Of The District's Instruction In Human Sexuality, InAccordance With Subsections (E), (F), And (G).

(D) Appoint at Least 5 Members To The Local SHAC

- Majority Of The Members Must Be Parents Of Students Enrolled In The District And Who Are NOT Employed By The District.
- One Of Those Members Shall Serve As Chair Or Cochair Of The Council.

(D-1) Must Meet 4 Times Per Year

May Appoint Persons From Following Groups Or A Representative From A Group Other Than A Group Specified

- (1) Public School Teachers;
- (2) Public School Administrators;
- (3) District Students;
- (4) Health Care Professionals;
- (5) The Business Community;
- (6) Law Enforcement;
- (7) Senior Citizens;
- (8) The Clergy;
- (9) Nonprofit Health Organizations; And
- (10) Local Domestic Violence Programs.

SHAC Duties include Recommending:

(1) Number of **hours** of instruction to be provided in **health education**

- (2) Curriculum appropriate for specific grade levels designed to prevent obesity, cardiovascular disease, and **Type 2 diabetes** through coordination of:
 - (A) health education;
 - (B) physical education and physical activity;
 - (C) nutrition services;
 - (D) parental involvement; and
 - (E) instruction to prevent the use of tobacco;
- (3) appropriate grade levels and methods of instruction for human sexuality instruction; and

SHAC Duties Include Recommending:

- (4) Strategies For Integrating The Curriculum Components Specified By Subdivision (2) With The Following Elements In A Coordinated
 School Health Program For The District:
 - (A) School Health Services;
 - (B) Counseling And Guidance Services;
 - (C) A Safe And Healthy School Environment; And
 - (D) School Employee Wellness.

- (E) Any Course Materials And Instruction Relating To Human Sexuality, Sexually Transmitted Diseases, Or Human Immunodeficiency Virus Must:
 - (1) Present Abstinence From Sexual Activity As The Preferred Choice Of Behavior In Relationship To All Sexual Activity For Unmarried Persons Of School Age;
 - (2) Devote More Attention To Abstinence From Sexual Activity Than To Any Other Behavior;
 - (3) Emphasize That Abstinence From Sexual Activity, If Used Consistently And Correctly, Is The Only Method That Is 100 Percent Effective In Preventing Pregnancy, Sexually Transmitted Diseases, Infection With Human Immunodeficiency Virus Or Acquired Immune Deficiency Syndrome, And The Emotional Trauma Associated With Adolescent Sexual Activity;

- (E) Any Course Materials And Instruction Relating To Human Sexuality, Sexually Transmitted Diseases, Or Human Immunodeficiency Virus Must:
 - (4) Direct Adolescents To A Standard Of Behavior In Which Abstinence
 From Sexual Activity Before Marriage Is The Most Effective Way To
 Prevent Pregnancy, Sexually Transmitted Diseases, And Infection With
 Human Immunodeficiency Virus or Acquired Immune Deficiency
 Syndrome; and
 - (5) Teach Contraception And Condom Use In Terms Of Human Use Reality Rates Instead Of Theoretical Laboratory Rates, If Instruction On Contraception And Condoms Is Included In Curriculum Content.

- (F) A School District **May Not Distribute Condoms** In Connection With Instruction Relating To Human Sexuality.
- (G) A School District That Provides Human Sexuality Instruction May Separate Students According To Sex For Instructional Purposes.
- (H) Before Each School Year, A School District Shall Provide Written Notice To A Parent Of Each Student Enrolled In The District Of The Board Of Trustees' Decision Regarding Whether The District Will Provide Human Sexuality Instruction To District Students.

If Instruction Will Be Provided, The Notice Must Include:

 A Summary Of The Basic Content Of The District's Human Sexuality Instruction To Be Provided To The Student, Including A Statement Informing The Parent Of The Instructional Requirements Under State Law;

- (2) A STATEMENT OF THE **PARENT'S RIGHT** TO:
 - (A) **REVIEW CURRICULUM** MATERIALS AS PROVIDED BY SUBSECTION (J); AND
 - (B) REMOVE THE STUDENT FROM ANY PART OF THE DISTRICT'S HUMAN SEXUALITY INSTRUCTION
 WITHOUT SUBJECTING THE STUDENT TO ANY
 DISCIPLINARY ACTION, ACADEMIC PENALTY, OR
 OTHER SANCTION IMPOSED BY THE DISTRICT OR THE
 STUDENT'S SCHOOL; AND

- (3) Information Describing The Opportunities For Parental Involvement In The Development Of The Curriculum To Be Used In Human Sexuality Instruction, Including Information Regarding The Local SHAC.
 - (I-1) A Parent May Use The Grievance Procedure Adopted Under Section 26.011 Concerning A Complaint Of A Violation Of Subsection (I).
 - (J) A School District Shall Make All Curriculum Materials Used In The District's Human Sexuality Instruction Available For Reasonable Public Inspection.

(K) District Shall Publish In The Student Handbook & Post On The District's Internet Website

- (1) Statement Of The Policies Adopted To Ensure That Elementary School, Middle School, And Junior High School Students Engage In At Least The Amount And Level Of Physical Activity Required By Section 28.002(1);
- (2) A Statement Of (A) The Number Of Times During The Preceding Year The District's SHAC Has Met;

- (B) Whether The District Has Adopted And Enforces Policies To Ensure That District Campuses Comply With Agency Vending Machine And Food Service Guidelines For Restricting Student Access To Vending Machines; And
- (C) Whether The District Has Adopted And Enforces Policies And Procedures That Prescribe **Penalties** For The Use Of **Tobacco** Products By Students And Others On School Campuses Or At School-sponsored Or School-related Activities; And

- (3) A Statement Providing Notice To Parents That They Can Request In Writing Their Child's Physical Fitness Assessment Results At The End Of The School Year.
- (L) The Local School Health Advisory Council Shall Consider And Make Policy Recommendations To The District Concerning The Importance Of Daily Recess For Elementary School Students. The Council Must Consider Research Regarding Unstructured And Undirected Play, Academic And Social Development, And The Health Benefits Of Daily Recess In Making The Recommendations. The Council Shall Ensure That Local Community Values Are Reflected In Any Policy Recommendation Made To The District Under This Subsection.

 (M) In Addition To Performing Other Duties, The Local School Health Advisory Council Shall Submit To The Board Of Trustees, At Least Annually, A Written Report That Includes:

 Any Council Recommendation Concerning The School District's Health Education Curriculum And Instruction Or Related Matters That The Council Has Not Previously Submitted To The Board;

(2) Any **Suggested Modification** To A Council Recommendation Previously Submitted To The Board; And

(3) A Detailed Explanation Of The **Council's Activities** During The Period Between The Date Of The Current Report And The Date Of The Last Prior Written Report.

COORDINATED SCHOOL HEALTH (CSH) AND CAMPUS IMPROVEMENT PLANS

- CSH Goals-all Elementary, Middle & Junior High School Campus Improvement Plans, TEC §11.253)
- Develop Goals And Objectives For CSH Based On:
 - Fitness Assessment Data,
 - Academic Performance,
 - Attendance Rates,
 - Socioeconomic Status,
 - The Use Of Success Of Any Method To Ensure Students Are Reaching Required Moderate Or Vigorous Physical Activity (MVPA), And
 - Any Other Indicator Recommended By SHAC, TEC §11.253

COORDINATED SCHOOL HEALTH (CSH) CAMPUS IMPROVEMENT PLANS

- All Elementary, Middle And Junior High Schools Required To Implement A CSH Program (Texas Education Code – TEC §38.013 & Tec §38.014
 - Bienestar Health Program 1-866-676-7472-<u>Http://Www.Sahrc.Org</u> CATCH - 512-346-6163- <u>Http://Www.Sph.Uth.Tmc.Edu/Catch/</u>
 - The Great Body Shop 1-800-782-7077-<u>Http://Www.Thegreatbodyshop.Net/</u>
 - Healthy And Wise 1-800-383-1927 (Free On Line)
 <u>Http://Www.Healthyandwisekids.Com/</u>

PARENT AND COMMUNITY INVOLVEMENT

- SHAC May Include Member From Domestic Violence Program, TEC §28.004
- SHAC Must Meet 4 Times Per Year With At Least 5 Members
- SHAC Must Report Directly To The School Board At Least Once Annually With Detailed Account Of SHAC Activities And Recommendations.
- Parent Not Employed By The School To Serve As Chair Or Co-chair On Each SHAC
- SHAC Required To Recommend Indicators For Evaluating Effectiveness Of Coordinated School Health Programs TEC §11.254

SCHOOL HEALTH ADVISORY COUNCILS SHOULD REVIEW

- Number Of Hours And Grade Level Of Instruction Of Health Education
- Review Texas Approved Curriculum, "Coordinated School Health Programs" To Prevent Obesity And Diabetes For K-8
- Recommend To Board Appropriate Grade Levels And Methods Of Instruction For Human Sexuality, STD/HIV, Reproduction With An Emphasis On Abstinence And Marriage, As The Preferred Method Of Prevention, Etc.
- Review Policy Recommendations For Daily Recess For Elementary
- Review Wellness Policy Required Public Law108 265
- Recommend Indicators For Evaluating Effectiveness Of Coordinated School Health Program

HEALTH EDUCATION

- Texas Essential Knowledge And Skills In Kindergarten Through High School, TEC §28.002, TAC, Title 19, Part II, Chapter 115, Subchapter A-elem., Subchapter B, Middle School, Subchapter C, High School.
- Two Semesters Health In Middle School/Junior High
- Curriculum Materials To Be Selected By Board With Advise From The School Health Advisory Council (SHAC) To Reduce Obesity/Diabetes, And Stress Abstinence As Most Effective For Prevention Of Pregnancy, STD/HIV-TEC §28.004 (E)

HEALTH EDUCATION

- Written Notice Regarding *Human Sexuality Instruction* To Students Sent Home Annually To Include TEC §28.004 (I)
 - Summary Of Content,
 - Requirements Established Under State Law,
 - Statement Of The Parent's Right To Review The Materials,
 - Option To Remove The Student Without Penalty, And
 - Information Describing Opportunities For Parental Involvement (SHAC) In The Development Of The Curriculum
- Parenting & Paternity Awareness Training In High School Health Class, Chapter § 74.35 Curriculum Requirements, Subchapter C, TEC §28.002
 (P) & TEC §28.004

COUNSELORS TEC 33.006

 (A) The Primary Responsibility Of A School Counselor Is To Counsel Students To Fully Develop Each Student's Academic, Career, <u>Personal, And Social</u> <u>Abilities</u>.

(1) Participate In Planning, Implementing, And Evaluating A Comprehensive Developmental Guidance Program To Serve All Students And To Address The Special Needs Of Students.

COUNSELORS TEC 33.006

(A) Who Are At Risk Of:

- ✓ Dropping Out Of School
- ✓ Becoming Substance Abusers
- ✓ Participating In Gang Activity
- ✓ Committing Suicide
- (3) Consult With School Staff, Parents, And Other Community Members To Help Them Increase The Effectiveness Of Student Education And Promote Student Success
- (4) Coordinate People And Resources In The School, Home, And Community

COUNSELING & MENTAL HEALTH

- State Recommended List Of Best Practice-based Suicide Prevention And Mental Health Intervention Programs For Schools (Health And Safety Code)
- Bullying Policy, Protocols, Training, & Counseling That Includes Moving Bully To Another School, Notifying Parent Of Incident, And Stronger Supports For Victim-tec §37.0832
- Policy Prohibiting Bullying And Harassment Required Of Each School District, TEC §37.001
- Teen Dating Abuse Policy, Protocols & Training Required Of Each School District, TEC §37.0831

HEALTH SERVICES

- ✓ Severe Food Allergy Notification Required For Impacted Students And School Board Policy Addressing Risk Of Anaphylaxis (TEC §38.0151)
- Exposure Control Plan/Universal Precautions-texas Health & Safety Code 81.304
- ✓ Specified Staff Required To Be CPR Certified And Trained In The Use Of Automated External Defibrillators (AED) TEC §22.902
- ✓ At Least One AED Required On Each Campus-tec §38.017
- ✓ At Least 3 Trained As Unlicensed Diabetes Care Assistants Per Campus, Texas Health & Safety Code 168.001-168.009
- Texas Risk Assessment For Type II Diabetes In Children-risk Factor Electronic System,
- ✓ Vision & Hearing Screening, Health & Safety Code Sec. 36.002
- ✓ Spinal Screening, Health & Safety Code §37.142
- ✓ Immunization Requirements TEC 38.001
- ✓ Dissemination Of Bacterial Meningitis Information TEC 38.001

NUTRITION SERVICES AND EDUCATION

- School Districts With 50% Or More Students Eligible For Free And Reduced Lunch Must Provide Summer Nutrition Program
- School District Policy To Prevent Foods Of Minimal Nutritional Value
- Nutrition Education To Be Provided In Kindergarten Through Eighth Grade, TEC §28.002
- USDA Requires School Districts To Develop A Wellness Policy That Address Nutrition And Physical Activity Required Of Each School District Receiving Reimbursable Meal Funding-pl 108-265 Sec. 204

PHYSICAL EDUCATION

- Students With Disability Or Illness May Take Alternative Course For Physical Education Credit, TEC §28.025.
- Corporal Punishment Defined To Exclude Physical Pain Caused By Reasonable Physical Activity, Tec §37.0011.
- Student Attending High School May Not Receive Credit Toward For Junior College Courses While Meeting The High School Graduation Requirement For High School Tec §103.008
- Designed, Implemented, And Evaluated To Enable Students To Develop The Motor, Selfmanagement, And Other Skills, Knowledge, Attitudes, And Confidence Necessary To Participate In Lifetime Physical Activity, TEC §28.002
- Develop District Goals And Objectives To Carry Out Physical Education Curriculum, TEC §28.002
- Safety Policies To Be Established If The Student/Teacher Ratio Is Greater Than 45 To 1 In A Physical Education Class, TEC §25.114

PHYSICAL EDUCATION AND ACTIVITY

- All Elementary School Students And Students Enrolled In Full-day Prekindergarten Must Participate In MVPA For A Minimum Of 30 Minutes Per Day Or 135 Minutes Per Week, TEC §28.002
- Daily Recess For Elementary
- All Students In Grades 6, 7 And 8 Must Participate In MVPA For A Minimum Of 30 Minutes Per Day Or 225 Minutes Per Two Weeks For 4 Semesters
- One Credit Of Physical Education Required For High School Graduation

POLICIES ADDRESSING CHILD ABUSE

- Child Abuse Reporting And Programs. 38.004 (B)each School District Shall Provide *Child Abuse Anti-victimization* Programs In Elementary And Secondary Schools.
- (A) Each School District Shall Adopt And Implement A Policy Addressing Sexual Abuse Of Children To Be Included In The *District Improvement Plan* Under Section 11.252 And Any Informational Handbook Provided To Students And Parents. Tec 38.0041
- (B)a Policy Required By This Section Must Address: TEC 38.0041
- (1)methods For Increasing Teacher, Student, And Parent Awareness Of Issues Regarding Sexual Abuse Of Children, Including Knowledge Of Likely Warning Signs Indicating That A Child May Be A Victim Of Sexual Abuse, Using Resources Developed By The Agency Under Section 38.004;
- (2)actions That A Child Who Is A Victim Of Sexual Abuse Should Take To Obtain Assistance And Intervention TEC 38.0041
- (3) available Counseling Options For Students Affected By Sexual Abuse-TEC 38.0041

HEALTH & SAFETY

 Policies Addressing Sexual Abuse & Other Forms Of Abuse Of Children To Included In <u>District Improvement Plan</u> & Student Handbooks To Students & Parents, TEC §38.0041

 Teen Dating Abuse Policy, Protocols & Training Required Of Each School District, Tec §37.0831

HEALTH & SAFETY

- School Safety And Security Committee TEC 37.109
- Multi-hazard Emergency Operations Training, Drills, Responding & Safety & Security Audit Report Results Once Every Three Years TEC 37.108
- Gang Free Zones & Consequences Of Organized Criminal Activity TEC 37.110
- Tobacco On School Property-TEC 38.006
- Alcohol-free School Zones-TEC 38.007
- Information & Posting Of Steroid Law Notice TEC-38.008

HEALTHY AND SAFETY

- Concussion Management Policy Required To Be Implemented In Every School District, TEC § 38.153-38.159
 - Concussion Oversight Team Include Physician
 - Training
 - Return To Play Protocol
- Football Helmet Safety Regulations Established For All School Districts, Tec §33.094

HEALTH & SAFETY

Discipline Management Programs

Sexual Harassment Policies TEC 37.0837

- (A) Each School District Shall Adopt And Implement A Discipline Management Program To Be Included In The District Improvement Plan Under Section 11.252. The Program Must Provide For Prevention Of And Education Concerning Unwanted Physical Or Verbal Aggression, Sexual Harassment, And Other Forms Of Bullying In School, On School Grounds, And In School Vehicles.
- (B) Each School District May Develop And Implement A Sexual Harassment Policy To Be Included In The District Improvement Plan Under Section 11.252.
- Hazing Definition Tec 37.151
- Personal Hazing Offense TEC 37.152
- Organization Hazing Offense TEC 37.153

STUDENT CODE OF CONDUCT TEC § 37.001

- (7) Prohibit Bullying, Harassment, And Making Hit Lists And Ensure That District Employees Enforce Those Prohibitions
- (8) Provide, As Appropriate For Students At Each Grade Level Methods, Including Options, For:
 - (A) Managing Students In The Classroom And On School Grounds;
 - (B) Disciplining Students;
 - (C) Preventing And Intervening In Student Discipline Problems, Including Bullying, Harassment, And Making Hit Lists. (1) "Harassment" Means Threatening To Cause Harm Or Bodily Injury To Another Student, Engaging In Sexually Intimidating Conduct, Causing Physical Damage To The Property Of Another Student, Subjecting Another Student To Physical Confinement Or Restraint, Or Maliciously Taking Any Action That Substantially Harms Another Student's Physical Or Emotional Health Or Safety.

"Hit List" Means A List Of People Targeted To Be Harmed, Using:

- (A) A Firearm, As Defined By Section46.01(3), Penal Code;
- (B) A Knife, As Defined By Section46.01(7), Penal Code; Or
- (C) Any Other Object To Be Used With Intent To Cause Bodily Harm

BULLYING POLICY REVISED TEC 37.0832

- Policy
- Protocols
- Training
- Counseling
- Moving Bully or Victim
- Notifying Parent Of Incident
- Stronger Supports For Victim

PROGRAM EVALUATION

- Student-level Fitness Assessment Data To Be Maintained At Tea, Tec §38.103
- Fitness Assessment To Be Conducted In Physical Education Classes Or Substitutes, TEC §38.101
- Free Online Resources @ Www.Cdc.Gov
 - School Health Index, School Health Index
 - HECAT, Health Education Curriculum Assessment Tool
 - PECAT, Physical Education Curriculum Assessment Tool

BEST PRACTICES

- >Administrative Support and Commitment
- ≻A Coordinator
- ► A Collaborative/Team Approach
- Strong School/Community Links
- Adequate Time and Funding
- > Professional Development
- A Safe and Supportive Environment For Staff and Students

How Does Your District Rate?

vices Comprehensive School Health Education

e.e. School Health Services

> School-Site Health Promotion Staff

Physical Education

viculum Family and Community Involvement in School Health

Healthy School

RESULUSIAUE School Counseling, Psychological, and Social Services

E.

School Nutrition Services

NEW BILLS – COORDINATED SCHOOL HEALTH PROGRAM

- **SUICIDE PREVENTION TRAINING HB 2186**
- **TRUANCY REFORM HB 2398**
- DISTRICT/CAMPUS BEHAVIOR
 COORDINATOR SB 107
- COMMUNITY SAFETY EDUCATION ACT SB 30



Fidela E. Hinojosa, B.A., M.Ed., LMSW, CSRM, RTSBA, CTP-E Coordinator for School Safety, School Health, Social-Emotional Health & Texas DPS–School Bus Driver Training Services Division of Administrative Leadership, School, & Community Support Region One Education Service Center 1900 W. Schunior - Edinburg, Texas 78541 956-984-6283 (phone) <u>fhinojosa@esc1.net</u> www.esc1 net

www.esc1.net