Week of:

**Monday**

Based on last week’s academic success in this class:\_\_\_\_\_\_\_\_\_\_\_\_\_\_, I want to improve:

Completing and turning in homework

Preparing for tests

Staying on track on projects

Turning in missing assignments

Understanding course content

Participating in class

Using class time wisely

Other – specify:

1. **Make a plan**

Describe my plan for improving the item(s) checked above. Be specific!

|  |  |  |
| --- | --- | --- |
| **Tuesday** | **Wednesday** | **Thursday** |
| 1. **Monitor the plan**   How is my plan going?  Am I doing what I said I would do?  Yes  No  *If* ***yes****, I can continue what I am doing to be successful.*  *If* ***no****, I need to figure out why I am not following my plan.*  Time issues  Not a clear plan to begin with  Don’t know what I need to do to complete assignment  Don’t understand the concept or material taught  Other – specify: | 1. **Monitor the plan**   How is my plan going?  Am I doing what I said I would do?  Yes  No  *If* ***yes****, I can continue what I am doing to be successful.*  *If* ***no****, I need to figure out why I am not following my plan.*  Time issues  Not a clear plan to begin with  Don’t know what I need to do to complete assignment  Don’t understand the concept or material taught  Other – specify: | 1. **Monitor the plan**   How is my plan going?  Am I doing what I said I would do?  Yes  No  *If* ***yes****, I can continue what I am doing to be successful.*  *If* ***no****, I need to figure out why I am not following my plan.*  Time issues  Not a clear plan to begin with  Don’t know what I need to do to complete assignment  Don’t understand the concept or material taught  Other – specify: |

|  |  |  |
| --- | --- | --- |
| **Tuesday** | **Wednesday** | **Thursday** |
| 1. **Take control and make changes to the plan**   My changes to my plan: | 1. **Take control and make changes to the plan**   My changes to my plan: | 1. **Take control and make changes to the plan**   My changes to my plan: |

**Friday**

1. **Reflect on what worked - answer each of the 3 questions:**

What parts of your plan worked well for you?

What might work better next week?

What do you need to do this weekend to be on track?

Teacher Feedback: