



VOLUNTEERS WANTED FOR A RESEARCH STUDY

UTRGV Family Study

You may be eligible to participate in a diabetes and heart research study in the Mid-Valley area.

- Do you have **diabetes**?
- Are there 5 members in your family (parents, grandparents, sisters, brothers, uncles, aunts, cousins) who are willing to be part of research that we will use to change the health of the Rio Grande Valley?

The Rio Grande Valley has some of the highest rates of patients with diabetes, obesity and heart problems in the United States. The purpose of the study is to try to find out causes of diabetes and heart disease in people with Mexican heritage who live in the Mid-Valley. This information will be used to make a change for the future.

The study will take about 45 minutes and includes health questions and a medical evaluation with blood testing. We will contact you, explain the study, and then meet you at the clinic below. This will not cost you any money and **you will receive a gift card** to help pay for travel expense. All information is **confidential, kept locked** and only seen by the researchers.

TOGETHER **WE WILL**

The location is at the Knapp UTRGV Family Medicine Residency Clinic,
2810 W. Expressway 83, Mercedes, TX 78570

Please call **Jesus Delgado (956) 882-7538** for more information.

This research study has been reviewed and approved by the Institutional Review Board for the Protection of Human Subjects (IRB) at the University of Texas Rio Grande Valley.